

The Great Lakes (MI) Chapter of The Links, Incorporated and the American Heart Association invite you to join us for

# HeartTalk DETROIT

An Online Heart Health Conversation  
with the African American Community

Presented by   
HEALTH CARE

HeartTalk Detroit is an online 3-part series focusing on heart health in Metro Detroit's African American community. This free program will offer engaging and educational panel discussions surrounding topics that affect your family's health—especially their heart health. Because this topic is so important, several historically African American organizations are participating in HeartTalk Detroit to help spread the word and educate our community.

Each session will include educational health information from the American Heart Association as well as thought-provoking conversation from individuals living in our community. Don't miss these important and engaging conversations.



**Friday, February 5, 2021, 3pm to 4:30pm**

## Heart Health in the African American Community

This free webinar will feature a panel discussion with members of the historically black fraternities and sororities, which have led community programs for more than 100 years. Join the discussion to better understand what individuals and other organizations can do to help educate members of the African American community regarding heart health.

**Moderator:** Marlin Williams, Chief Diversity Officer, StockX Vice President, Great Lakes (MI) Chapter of The Links, Incorporated

**Panelists include** members of

- Alpha Kappa Alpha Sorority, Incorporated
- Alpha Phi Alpha Fraternity, Incorporated
- Delta Sigma Theta Sorority, Incorporated
- Iota Phi Theta Fraternity, Incorporated
- Kappa Alpha Psi Fraternity, Incorporated
- Omega Psi Phi Fraternity, Incorporated
- Phi Beta Sigma Fraternity, Incorporated
- Sigma Gamma Rho Sorority, Incorporated
- Zeta Phi Beta Sorority, Incorporated

**Friday, February 12, 3pm to 4:30pm**

## Food Insecurity in the African American Community

This free webinar explores the complex issue of food insecurity, including the challenges and opportunities it creates in our community. From government-funded programs to urban farming, our panelists will discuss the future of food in Metro Detroit.

**Moderator:** Leslie Andrews, MBA, Chief Executive Officer, Daisy Ventures, LLC  
Recording Secretary, Great Lakes (MI) Chapter of The Links, Incorporated

**Panelists include**

- Malik Yakini, Executive Director, Detroit Black Community Food Security Network
- Phil Jones, Executive Director, City Food Community Concepts
- Kathryn Underwood, Senior Planner, City of Detroit Planning Commission

**Friday, February 19, 3pm to 4:30pm**

## Healthy Eating & Childhood Obesity

This free webinar will feature an interactive panel discussion that focuses on creating healthy eating habits and understanding the potential effects of childhood obesity. Attendees will learn about healthy foods and cooking methods that will also appeal to kids, helping them understand that good food can also be good for you.

**Moderator:** Dr. Tara Scott, Owner, Foot & Heel Pain Institute of Michigan Member, Great Lakes (MI) Chapter of The Links, Incorporated

**Panelists include**

- Chef Maxcel Hardy, Celebrity chef and owner of JEDs Detroit and COOP Detroit
- Dr. Jamila Taylor, Primary Care Physician, Ascension Providence; Mother Member, Jack & Jill of America, Incorporated
- Dr. Preston Thomas, Primary Care Physician, McLaren Health Care



**Capacity is limited so register today!** Register for all HeartTalk Detroit webinars at [greatlakeslinks.eventbrite.com](https://greatlakeslinks.eventbrite.com)